

8:30 – 9 am: Same day registration/light refreshments

9 – 9:15 am: Welcome & Announcements – Connie Norman, CHW

9:15 – 9:20 (Taking Time to Arrive break – Lora Bertelsen)

9:20 – 10:05 am: *The Rhythm of Resiliency: Find Joy in Every Beat* - Deb McGregor

10:05 – 10:10 (Yoga break – Angie Clark)

10:10 – 10:55 am: *Working with and Inspiring HOPE with Incarcerated Men* – Joe Johnson

10:55 am – 11:00 (Tai Chi break – Connie Norman)

11:00 – 11:15 am: *Minnesota CHW Alliance CHW Registry* - Adri Lobitz

11:15 am – 12:00 pm: *Increasing Cultural Humility in Rural MN: How the Past Informs the Present* – Ashley Charwood, Sierra Charwood

12 – 12:45 pm: Lunch/Networking/Therapy Dogs

BREAK OUT SESSIONS

12:45 – 1:45 pm (breakout 1, Sunken Island Room): *CHW By-In from the Enterprise* - Foua Khang, Maria Regan-Gonzalez, Delali Degbey

12:45 – 1:45 pm (breakout 1, Mississippi Rm): *Developing and Sustaining a Successful CHW Workforce in South Dakota and the Midwest* – Ben Tiensvold

12:45 – 1:45 pm (breakout 1, Diamond Point Rm): *Caring without Carrying: Lessons on Self-Care* – Leah Corcoran

Snack Break – 1:45 – 2:00

2:00 – 3:00 pm (breakout 2, Sunken Island Rm): *QPR (Question, Persuade, Refer) Suicide Prevention* – Shannon Seibel

2:00 – 3:00 pm (breakout 2, Mississippi Rm): *Joy in the Trenches* - Sandy Hennum

2:00 – 3:00 pm (breakout 2, Diamond Point Rm): *CHW Clinic Integration – A Success* – Sarah Blonigan, JD, MPH; David Stibbe, MAT; Xue Yang, BS, CHW