

RURAL MINNESOTA COMMUNITY HEALTH WORKER CONFERENCE

Hampton Inn and Suites May 20, 2022

Goal:

Promote/support CHW's and employers in the rural area and beyond.

Objectives:

Identify strategies for developing the work of Community Health Workers to improve effectiveness

Build confidence in Community Health Worker identity to reduce ambiguity

Apply innovative models to improve Community Health

Network with Community Health professionals and colleagues to share knowledge and resources.





SCHEDULE:

8:30 – 9 am: Same Day Registration | Light Refreshments

9 – 9:15 am: Welcome & Announcements – Connie Norman

9:15 – 9:20 am: Taking Time to Arrive Break – Lora Bertelsen

9:20 - 10:05 am: The Rhythm of Resiliency: Find Joy in Every Beat - Deb McGregor

10: 05 – 10:10 am: Breath Break – Angie Clark

10:10 – 10:55 am: Working with and Inspiriting HOPE with Incarcerated Men – Joe Johnson

10:55 am – 11 am: Yoga Break – Angie Clark

11 – 11:15 am: Minnesota CHW Alliance CHW Registry – Adri Lobitz

11:15 am – 12 pm: Increasing Cultural Humility in Rural MN: How the Past Informs the Present – Ashley Charwood, Sierra Charwood

12 – 12:45 pm: Lunch | Networking | Therapy Dogs

BREAK OUT SESSIONS:

12:45 – 1:45 pm: (Breakout 1, Sunken Island Rm): CHW By-In from the Enterprise – Delali Degbey, Foua Khang, Sincai Vue

12:45 - 1:45 pm: (Breakout 1, Mississippi Rm): Developing and Sustaining a Successful CHW Workforce in South Dakota and the Midwest – Ben Tiensvold

 $12:45-1:45\ \text{pm}$: (Breakout 1, Diamond Point Rm): Beyond Bubble Baths and Bon Bons: Self-Care in the Real World – Leah Corcoran

1:45 – 2 pm: Snack Break

2 – 3 pm (Breakout 2, Sunken Island Rm): QPR (Question, Persuade, Refer) Suicide Prevention – Elizabeth Schultz, Shannon Seibel

2 – 3 pm (Breakout 2, Mississippi Rm): The Spectrum of Prevention in Real Life: Seven strategies to address complex, significant public health issues and determinants of community health. – Sandy Hennum

2 – 3 pm (Breakout 2, Diamond Point Rm): CHW Clinic Integration – A Success – Lauren Peterson, Xue Yang







PRESENTERS:

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HEALTH





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CHW Solutions