



Overview

- What is a community Health Worker?
- What does a Community Health Worker do?
- How can other stakeholders help establish the profession?
- What can you do to influence other stakeholders?

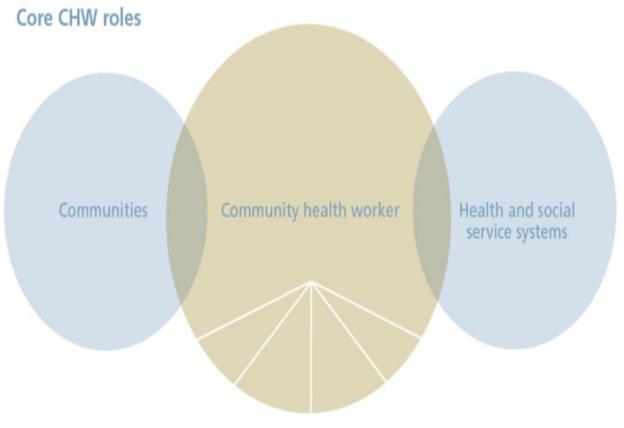
Emerging

CHWs are an emerging workforce, newer to most "mainstream" public health and health care settings—but with deep roots in many communities.

Known by a variety of titles such as outreach worker, care guide, community health advisor, peer educator, promotora (Latino communities) and community health representative (American Indian communities), CHWs provide outreach, health education, care coordination and advocacy for underserved patients of all ages.

Community Health Workers

Bridging the gap between communities and health/social service systems:



Build individual and community capacity Advocate for individual and community needs

Provide direct services

Promote wellness by providing culturally appropriate health information to clients and providers

Assist in navigating the health and human services system

APHA Definition

A community health worker is a frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served. This trusting relationship enables the worker to serve as a liaison/link/intermediary between health/social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery.

A community health worker also builds individual and community capacity by increasing health knowledge and self-sufficiency through a range of activities such as outreach, community education, informal counseling, social support and advocacy.

MN CHWA Definition

"Community Health Workers (CHWs) come from the communities they serve, building trust and vital relationships. This trusting relationship enables the CHWs to be effective links between their own communities and systems of care. This crucial relationship significantly lowers health disparities in Minnesota because CHWs: provide access to services, improve the quality and cultural competence of care, create an effective system of chronic disease management, and increase the health knowledge and self sufficiency of underserved populations."

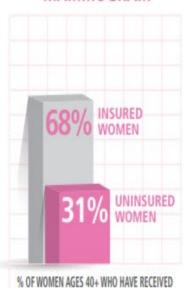
How can you tell the story?

- An idea of what a community health worker is
- An example that makes it tangible, something a CHW does to help promote health
- An action that the audience can take to make it relevant to their experience

Early Detection Improves Survival Rates

Breast and Cervical Cancer Facts and Figures

MAMMOGRAM



A MAMMOGRAM WITHIN PAST TWO YEARS

BREAST CANCER

2019 Estimates

- 268,600 new cases of breast cancer
- 41,760 deaths annually

5-YEAR SURVIVAL RATE

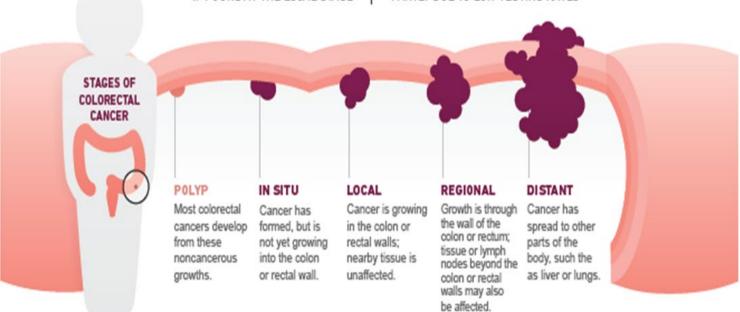


Early Detection Improves **Survival Rates**

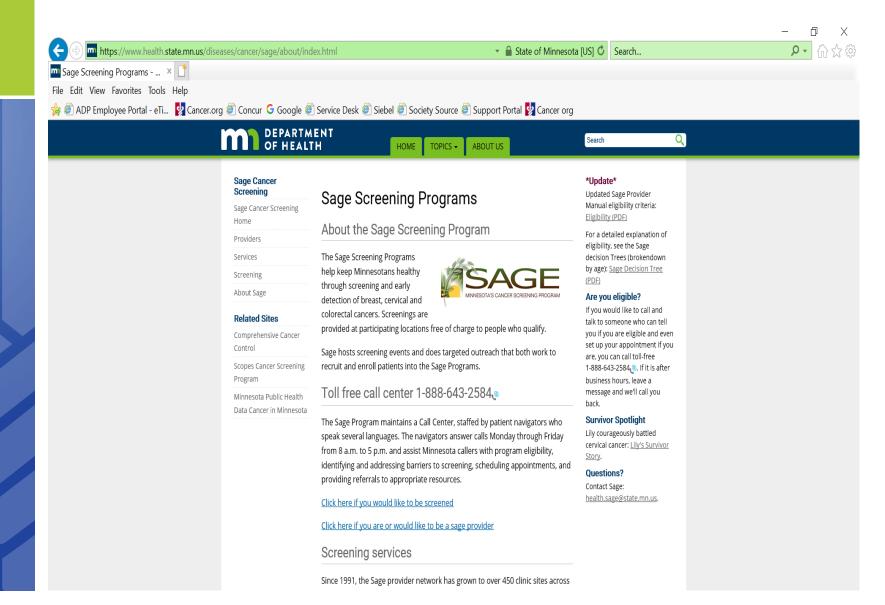
5-YEAR SURVIVAL RATE IF FOUND AT THE LOCAL STAGE

90% | 39%

DIAGNOSED AT AN EARLY STAGE PARTLY DUE TO LOW TESTING RATES



What if you don't have insurance?



What is covered?

Minnesota Department of Health

Screening

About Sage

Related Sites

Comprehensive Cancer Control

Scopes Cancer Screening Program

Minnesota Public Health Data Cancer in Minnesota

Eligibility

- Breast Women beginning at age 40 to 64
- Cervical Women ages 40 to64
 - Do not have insurance
 - Have insurance that does not cover screening or has a deductible or copay
 - Have income within program guidelines

Screening services

- Office visit for breast and/or cervical exam
- Screening mammogram (breast exam required)
- Pap smear every three years

Diagnostic services

- Office visit to review abnormal screening results
- Breast surgical consult
- Diagnostic mammogram
- Fine needle aspiration of breast lump, including pathology reading
- Colposcopy, including biopsy
- Endometrial Biopsy (when done as a follow-up for a Pap with abnormal result of Endometrial cells or Adenocarcinoma)
- High Risk HPV Panels (when done as a follow-up for a Sage-covered Pap with ASCUS or LSIL results)
- Breast ultrasound
- Breast biopsy

Note: *Treatment for non-insured, Sage patients may be covered by the Medical Assistance for Breast or Cervical Cancer (MA-BC).*

by age): <u>Sage Decision Tree</u> (<u>PDF</u>)

Are you eligible?

If you would like to call and talk to someone who can tell you if you are eligible and even set up your appointment if you are, you can call toll-free 1-888-643-2584 8. If it is after business hours, leave a message and we'll call you back.

Survivor Spotlight

Lily courageously battled cervical cancer: <u>Lily's Survivor</u> Story.

Questions?

Contact Sage:

health.sage@state.mn.us.

How do people learn about Sage?



What are other ways that CHWs reach people who could benefit from health services?

A CHW could

- Promote cancer screening
- Explain impact of early detection
- And the availability of the Sage program to pay for screening if they are uninsured

BUT the HOW is important

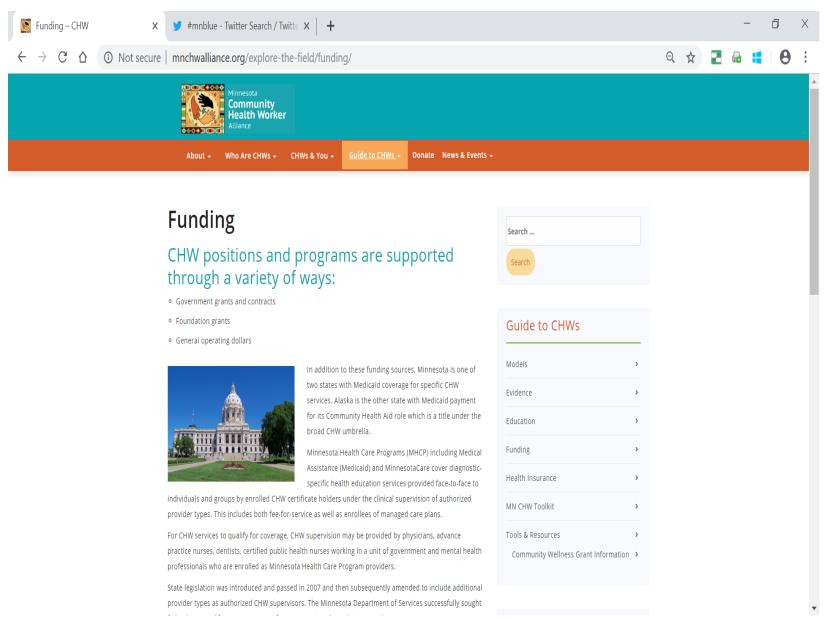
Emerging Requires Understanding

 Understanding the How can help people understand the WHO (both CHWs and the people they serve)

 Recognizing the value of a CHW can lead people to make the staff role a priority

 Movement from grant funded positions to something more sustainable

Understanding supports Sustainability



Clinic Medicaid Reimbursement

N Statute 256B.0625, Subd. 49.

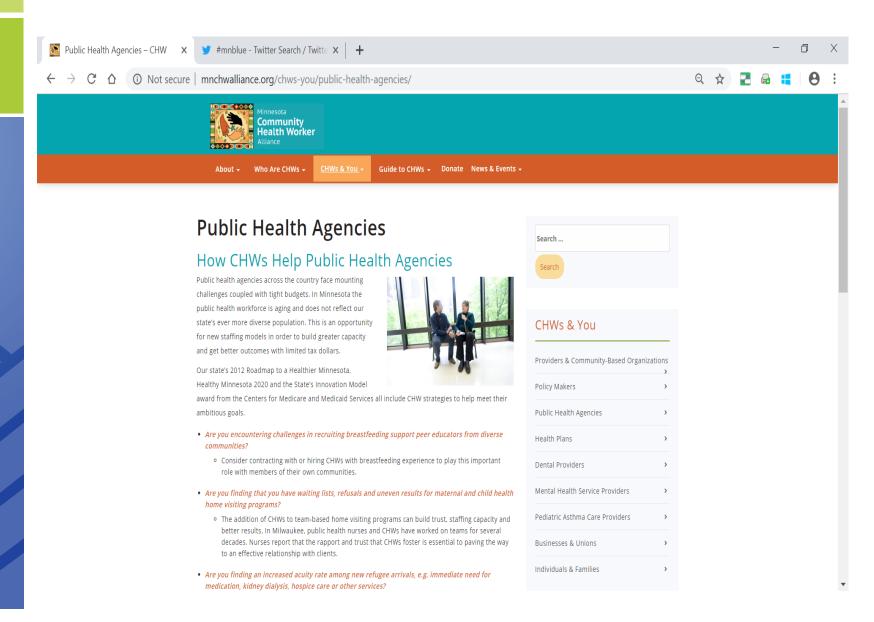
Community health worker

- (a) Medical assistance covers the care coordination and patient education services provided by a community health worker if the community health worker has:
- (1) received a certificate from the Minnesota State Colleges and Universities System approved community health worker curriculum; or
- (2) at least five years of supervised experience with an enrolled physician, registered nurse, advanced practice registered nurse, mental health professional as defined in section 245.462, subdivision 18, clauses (1) to (6), and section 245.4871, subdivision 27, clauses (1) to (5), or dentist, or at least five years of supervised experience by a certified public health nurse operating under the direct authority of an enrolled unit of government.

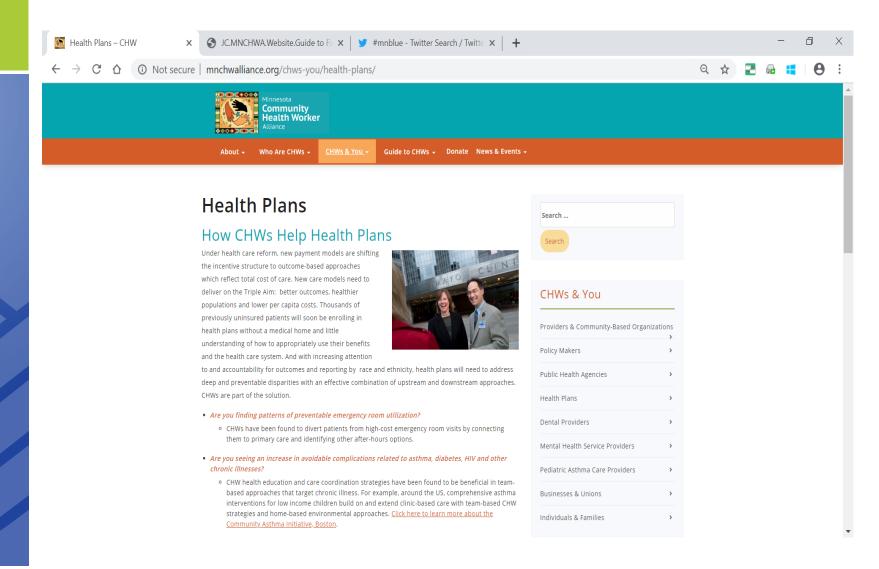
Community health workers eligible for payment under clause (2) must complete the certification program by January 1, 2010, to continue to be eligible for payment.

- (b) Community health workers must work under the supervision of a medical assistance enrolled physician, registered nurse, advanced practice registered nurse, mental health professional as defined in section 245.462, subdivision 18, clauses (1) to (6), and section 245.4871, subdivision 27, clauses (1) to (5), or dentist, or work under the supervision of a certified public health nurse operating under the direct authority of an enrolled unit of government.
- (c) Care coordination and patient education services covered under this subdivision include, but are not limited to, services relating to oral health and dental care.

County Job Openings



Health Insurance Companies

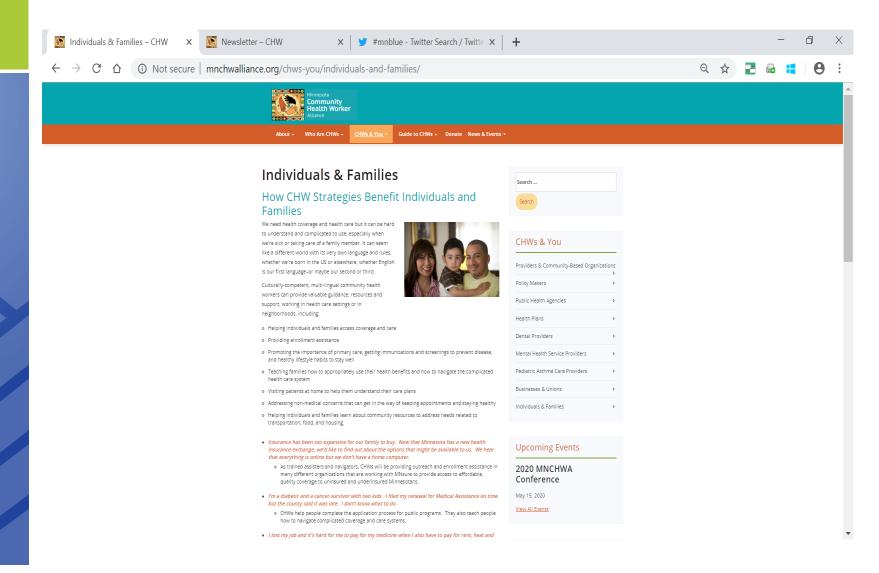


Nothing About You Without You

 Your Voice can help establish a profession in the eyes of stakeholders

 When you speak you are practicing the skills that will help you link people to health services

Community Value



How could you be the connection?

What is your story, your role?

Is this past, present or future?

What problem could you, as a CHW help address?

Who do you want to reach?

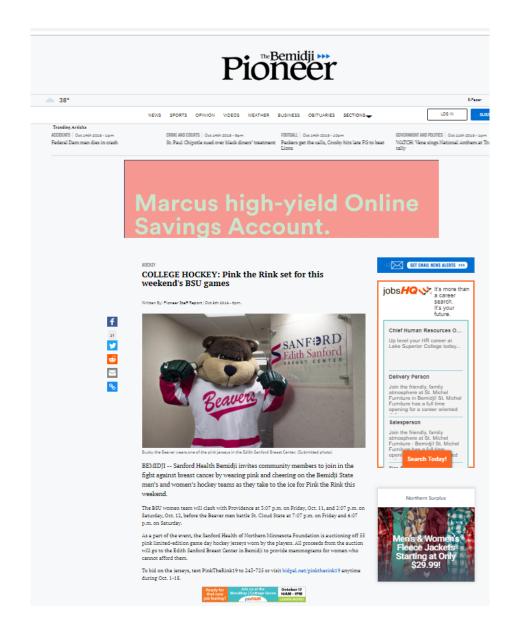
- Community Members
- Local Employers
- State Lawmakers

 Take a moment to pick one of these three audiences

Letters to the Editor

- Short (Less than 250 words)
- Response to something in the news
- Illustrates an opportunity that a CHW has made or could make a difference
- Notes a way that readers could support the profession

Is Health Care in the News?



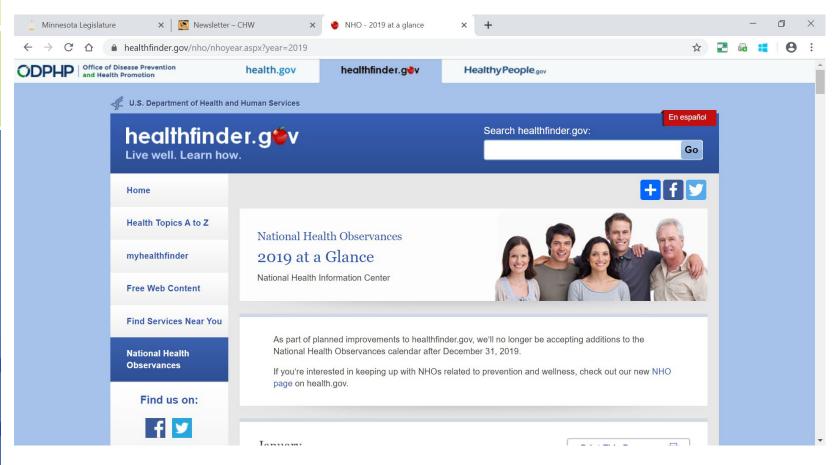
Elements

- Thanks for covering breast cancer with the story on "Pink the Rink"
- Opportunity to raise awareness could get people screened, and screening can improve survival OR pivot to less visible issue (eg mental health)
- Note how CHWs also play/could play this role in our community

Call to Action

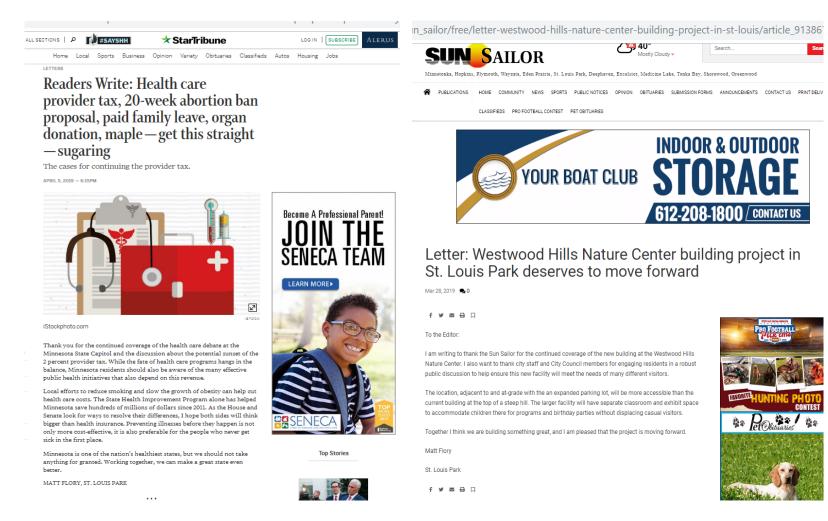
- Plug community resources (Sage)
- Learn more about CHWs
- Encourage clinics to hire them
- Contact your elected officials

Health Awareness Months



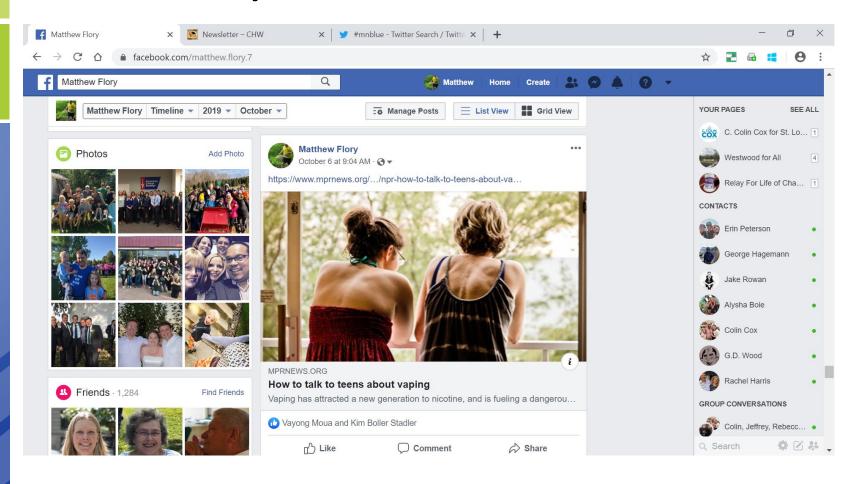
Hint: Breast Cancer is not the only health issue with an awareness month

Practice Writing Letters



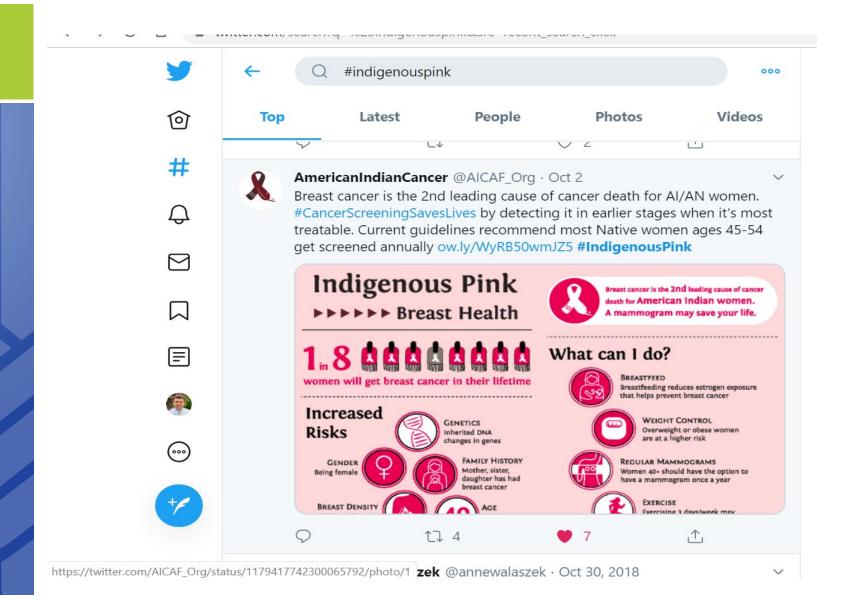
Writing about other issues is good practice so you can make the most when writing about CHWs

Are you on social media?

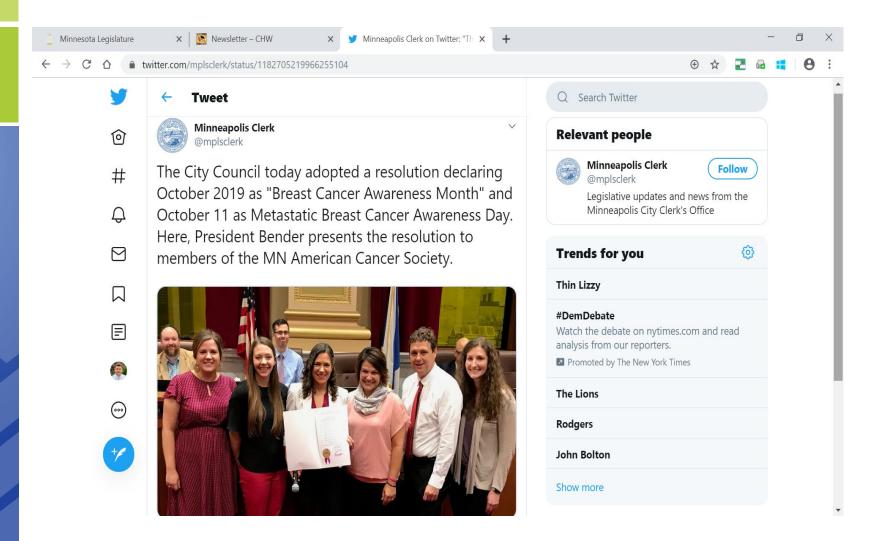


How could I make this facebook post about vaping a "hook" for talking about CHWs and tobacco cessation?

Retweet with or without comment?

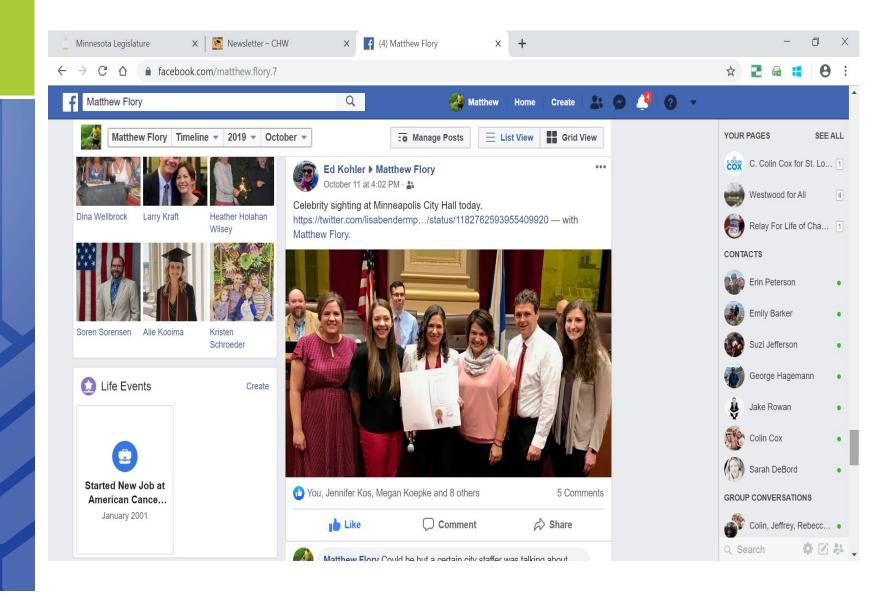


Local Elected Officials

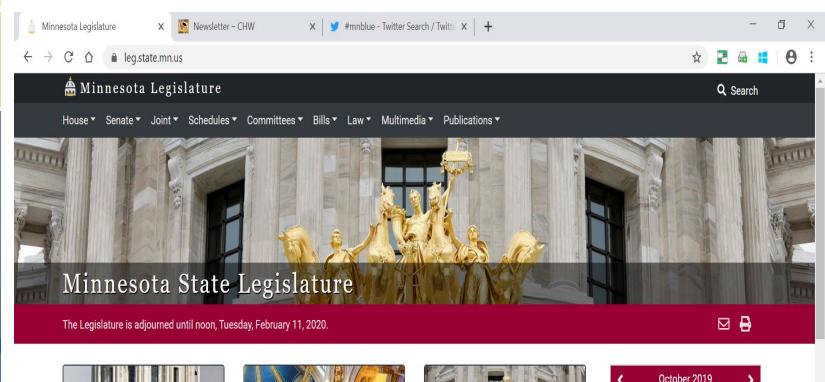


Could the resolution include a clause about CHWs?

Resolutions can go viral



State Elected Officials





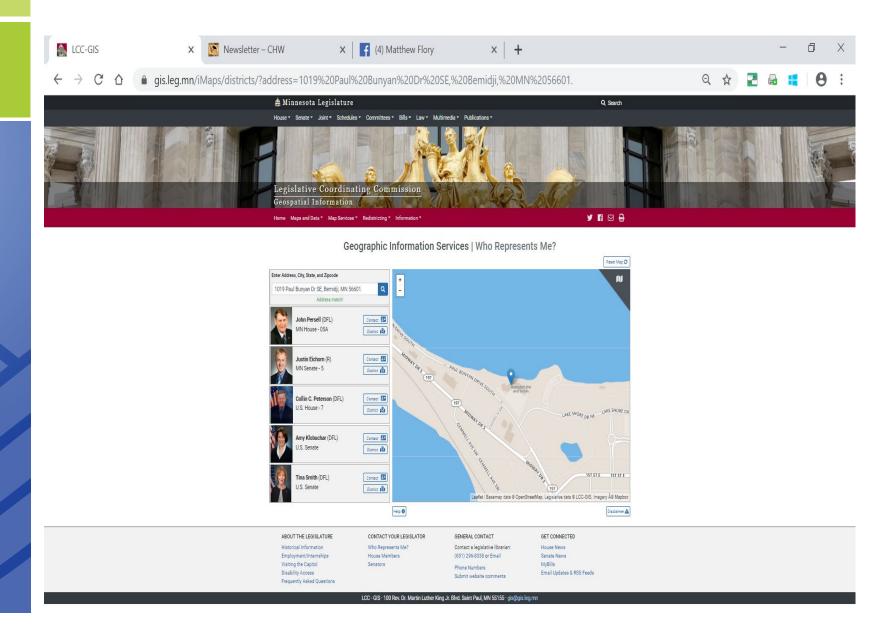


Joint	Legislative Offices
Revisor	of Statutes
Legislat	ive Reference Library
Legislat	ive Auditor
Legislat	ive Coordinating Commission
Other L	egislative Offices

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2

All Uncoming Meetings

Contacting Elected Officials



How could you contact your Rep?



Rep. John Persell



Full-size image

Rep. John Persell (DFL) District: 05A 437 State Office Building St. Paul, MN 55155 651-296-5516 E-mail: rep.john.persell@house.mn

Email updates: Click to subscribe

Member Links

Bills Chief Authored Co-Authored District Map District Demographics

Town Hall Meetings

News Items

Legislative Update - October 8, 2019 -

You do not need to start with a face-to-face meeting!

What would you talk about?

N Statute 256B.0625, Subd. 49.

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How will you make it real?

What do you want them to know?

How will you explain it?

What is YOUR connection to it?



Contact your elected official more than once

Contact them in more than one way

Contact them on more than one issue

Build up to a chance to meet them in person

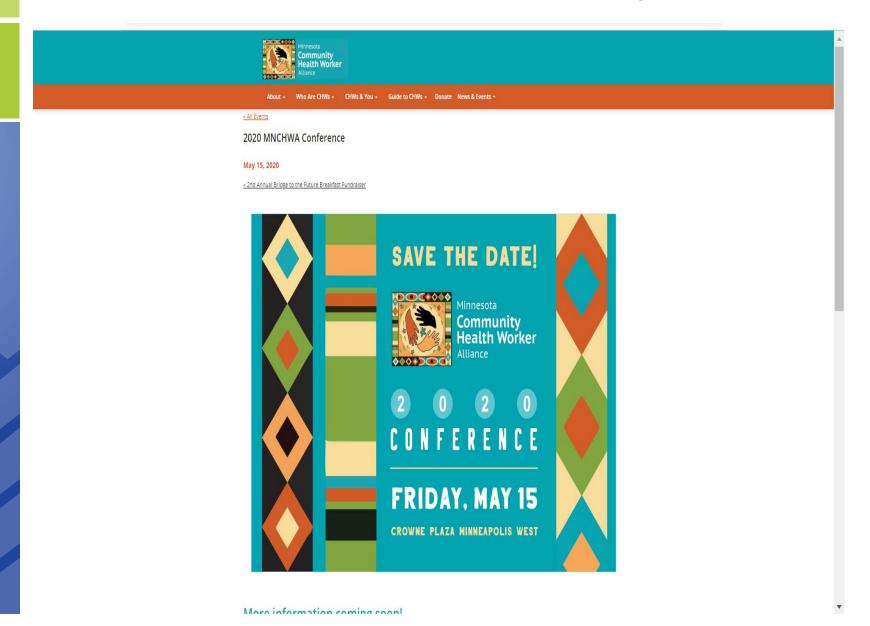
Politics is a Team Sport

 Look for other community members that share your interest in promoting CHWs and encourage them to contact your elected officials

Include both CHWs and CHW allies

 Look for ways to work across district boundries

Statewide Advocacy



Thank you!

